



**FIRST NATIONAL BANK**  
of Milaca



October is National Sudden Cardiac Arrest (SCA) Awareness Month



## **FREE AED and Hands Only CPR Training by Advocates for Health**



Open to the public



Wednesday, October 8, 2025



5:00pm–6:30pm



Attendees will receive a FREE meal!



Gorecki Center  
Rec Park  
Milaca, MN